



[Dr. Oscar Maramag Turingan](#)  
Associate Dean and Associate Professor  
*School of Nursing...*  
*College of Health Sciences*  
*University of Nizwa, Sultanate of Oman*

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Time at UoN: Since 2007

### **Academic Qualifications**

Doctor of Philosophy (PhD) - Educ/Organizational Leadership, University of the Incarnate Word, Texas, U.S.A., 2002

M. A. Nursing (Nursing Administration), St. Paul University Philippines, 1997

M. S. Biology, De La Salle University, 1990

B. S. Nursing, St. Paul University Philippines, 1982

### **Teaching Activities**

Nursing Research

Advance Nursing Administration

Nursing Leadership and Management

Quality Management in Healthcare

Occupational Health and Safety in Public Health

Knowledge Management

Human Anatomy and Physiology

Capstone/Graduation Project

## **Research Activities**

### **- Research Interests**

Nursing Administration and Organizational leadership

Nursing education/curriculum development

Health promotion

Community health and Patient safety

### **- Conference Presentations**

Healthy Lifestyle Behaviours among Adolescent Students of a Wilayat in Oman (Turingan, O. & Al Kitani, Z.), 1st UMS International Nursing Conference in conjunction with 11th International Nursing Students' Forum "Nursing Transformation towards IR-4.0" , Kota Kinabalu, Sabah, Malaysia, 6-8/3/2020

Assessing home safety and safe behaviors among elderly living at home in Al Khaboura area, Oman (Turingan, O. & Al Senani, A.), 2nd Andalas International Nursing Conference (AINiC) 2019, West Sumatra, Indonesia., 4/9/2019

Assessing Health Lifestyle Patterns of Adults Attending Fitness Centres in Nizwa, Oman: Basis for Community Health Promotion" (Turingan, O. & Al Fadhi, G.), 1st UMS International Nursing Conference in conjunction with 11th International Nursing Students' Forum "Nursing Transformation towards IR-4.0" , Kota Kinabalu, Sabah, Malaysia, March 6-8, 2020

### **- Publications**

#### **Article:**

1. [Al Badi, Sheikha M. & Turingan, Oscar M. \(2023\). Assessing Health-Promoting Lifestyles of Students in an Omani University Environment: Implications for a Campus-based Health and Wellness Program.](#), European Modern Studies Journal 7(5):297-307. DOI: 10.59573/emsj.7(5).2023.27
2. [Ballad, CAC, Labrague, LJ, Cayaban, ARR, Turingan, OM, Al Balushi, SM. Self-directed](#)

[learning readiness and learning styles among Omani nursing students: Implications for online learning during the COVID-19 pandemic..](#), Nurs Forum. 2021; 1- 10.

doi:10.1111/nuf.12664

3. [Al Rumhi, K.K., & Turingan, O. M. \(2020\). Stigmatization of cancer in non-patient population: Perceptions of senior high school students.](#) , Proceedings (ABSTRACT) of the 1st INCC & 11th INSF 6-8 March 2020. Malaysian Journal of Medicine and Health Sciences, 16, Supp 5, (eISSN 2636-9346).

4. [Al Kitani, Z. H., & Turingan, O. M. \(2020\). Healthy lifestyle behaviours among adolescent students of a wilayat in Oman.](#) , Proceedings (ABSTRACT) of the 1st INCC & 11th INSF 6-8 March 2020. Malaysian Journal of Medicine and Health Sciences, 16, Supp 5, (eISSN 2636-9346).

5. [Al Fahdi, G. N., & Turingan, O. M. \(2020\). Assessing health lifestyle patterns of adults attending fitness centres in Nizwa, Oman: Basis for Community Health Promotion. \(Abstract\)](#), Proceedings (ABSTRACT) of the 1st INCC & 11th INSF 6-8 March 2020. Malaysian Journal of Medicine and Health Sciences, 16, Supp 5, (eISSN 2636-9346).

6. [Mousa, O., & Turingan, O. M. \(2019\). Quality of care in the delivery room: Focusing on respectful maternal care practices](#), Journal of Nursing Education and Practice, 9, (1): 1-5.

7. Turingan, O. M. (2007). Organizational commitment of nursing educators of nursing schools in the northern region of the Philippines. , Philippine Journal of Nursing Education, 17 (1), 20-21.

8. [Turingan, O.M. \(2003\). Organizational health of Philippine colleges of nursing cited as centers of excellence and its relationship to perceived organizational effectiveness and school performance. ProQuest DAI AAT3067762. Retrieved from <https://search.proquest.com/pqdtglobal/results/F71FEC947D2F4562PQ/1?accountid=35130>](#)

9. Turingan, O.M. (1999). Hospital-related learning experience program of the St. Paul University college of nursing: An assessment. SPU Graduate School Research Journal.

10. Turingan, O.M. (1995). Screening of some local plants of the Itawes of Cagayan for antimicrobial activities. Search, 9 (1), 13-21.

#### **Book:**

1. [Organizational Health of Philippine Colleges of Nursing Cited as Centers of Excellence and Its Relationship to Perceived Organizational Effectiveness and School Performance \(2002\). Theses & Dissertations. 91.](#)

2. Nursing Administration Practicum Guide: An Instructional Material for the Graduate School of Nursing

3. Nursing Procedure Manual: An Instructional Material for the St. Paul University College of Nursing

4. Laboratory Manual in Microbiology & Parasitology: An Instructional Material for St. Paul University College of Nursing

#### **Conference or Workshop:**

1. 2019 Al Senani, Azhar Nasser and Turingan, Oscar M. (September 4, 2019). Assessing home safety and safe behaviors among elderly living at home in Al Khaboura area, Oman. Research project presented at the 2nd Andalas International Nursing Conference (AINiC) 2019, West Sumatra, Indonesia.

2. 2019 Al Kitani, Zahra Hamed Mubarak and Turingan, Oscar M. (September 26, 2019). Healthy lifestyle behaviors among adolescent students in Wilayat Al Kamil & Al Wafi, Sultanate of Oman. Research project presented as poster at the 2nd National Nursing Research Forum, Directorate of Nursing, DGHS-MOH Al Dakhiliya, Oman.

3. 2019 Al Rumhi, Khulood Khalid Said and Turingan, Oscar M. (September 26, 2019). Stigmatization of cancer in non-patient population: Perceptions of senior high school students in Al-Rustaq, Oman. Research project presented as poster at the 2nd National Nursing Research Forum, Directorate of Nursing, DGHS-MOH Al Dakhiliya, Oman.

4. 2019 Al Fahdi, Ghadeer Nasser Saif and Turingan, Oscar M. (September 26, 2019). Assessment of healthy lifestyle patterns of adults attending fitness centers in Nizwa, Oman: A basis for health education. , Research project presented as poster at the 2nd National Nursing Research Forum, Directorate of Nursing, DGHS-MOH Al Dakhiliya, Oman.

5. Turingan, O. M. (2015). Evidence-based Practice in Nursing.. Presented at the Nursing Research Seminar-Workshop at Cagayan Valley Medical Center, Tuguegarao City, Philippines.

6. Turingan, O.M. (2014). Nurses as knowledge workers in the digital age. Paper presented at the SRAJ International Health Congress. St. Paul University Philippines.

7. Turingan, O.M. (2006). Nurse educators of nursing schools in the northern region of the Philippines and their organizational commitment. Paper presented at the 9th East Asian Forum of Nursing Scholars, Chulabhorn Research Institute, Bangkok, Thailand.

#### **Faculty Administrative Experience**

2017 - Present: Associate Dean, School of Nursing, College of Pharmacy and Nursing - University of Nizwa, OMAN

2015 - 2017: Head, Department of Nursing, College of Applied Medical Sciences - King Faisal University, Hofuf, SAUDI ARABIA

2007 - 2012: Associate Dean, Nursing and Assistant Dean for Undergraduate Studies - University of Nizwa, OMAN

2005 - 2007: Director, Knowledge & Information Resource Network and Coordinator, World Bank Knowledge for Development Center - Saint Paul University Philippines

2003 - 2005: Vice President for External Affairs - Saint Paul University Philippines

2002 - 2003: Dean, College of Nursing and Health Sciences (Center of Excellence in Nursing Education) - Saint Paul University Philippines

1999 - 2002: Evening Supervisor, J. E. & L. E. Mabee Library and Coordinator, Science Laboratories - University of the Incarnate Word, Texas, U.S.A.

1995 - 1998: Program Coordinator, Nursing - Saint Paul University Philippines

1992 - 1994: Dean, School of Nursing and Midwifery - Our Lady of Lourdes College Foundation, Philippines

### **Membership in Professional Bodies**

2019-Present: [https://www.researchgate.net/profile/Oscar\\_Turingan](https://www.researchgate.net/profile/Oscar_Turingan)

2012-Present: Beta Nu Delta Nursing Society

2005-Present: Sigma Theta Tau International Honor Society of Nursing, Pi Iota Chapter

2004-2009: East Asian Forum of Nursing Scholars (EAFONS)

2002-2004: Association of Deans of Philippine Colleges of Nursing (ADPCN)

1983-Present: Philippine Nurses Association

### **Award and Recognitions**

2007 World Bank Philippines Star KDC Network Member Award

2007 Search for Paulinian Achievers (Outstanding Alumni), St. Paul University

2007 Nursing Leadership Award, SPUP Centennial

1998 Study Grants: University of Incarnate Word - St. Paul University Philippines Academic Exchange Program, San Antonio, Texas, USA

1990 Recipient: Japan-ASEAN Friendship Program for the 21st Century, Japan International Cooperation Agency

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1988 Fund for Assistance to Private Education Scholarship Grant Program, Philippines

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1982 Clinical Efficiency Award, BSN, St. Paul University

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1982 Magna cum Laude, BSN, St. Paul University

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Ref.: <https://www.unizwa.edu.om/staff/chs/oscar>