

# Dr. Anil K. Philip

Associate Professor and Associate Dean
School of Pharmacy.....

کلیة العلوم الصحیة
جامعة نزوی، سلطنة عمان

هاتف: 25446389(+968) محول: 389 البريد الإلكتروني: philip@unizwa.edu.om موقع المكتب: 33–2........

# -Teaching Philosophy

I believe teaching is an art; while nobody's born a teacher, we strive towards achieving excellence. Do I believe in societal education? Yes, I do. I believe that teaching is one of the primary ways of achieving it. The information we gather as researchers and practitioners are valuable when shared. Teaching is not about having a regular monologue session; it's a dialogue session. When you teach, you interact with students. This makes the subject interesting as it helps the students to share his thoughts on it. I try to bring energy to the class. If I can't do that, why should I expect my students to be energetic? As a teacher, I have a moral responsibility of teaching my subject and satisfying my student's query. I believe one should not avoid a student's guery but should solve the guery in a manner they understand, and try not to confuse them. Over the years, my teaching methods have changed to adapt the postgraduate and undergraduate scholars all having different mindsets and learning abilities. However, a common feature was the more I interacted with the students, the more they learned. My teaching aim has been in developing the concept behind a particular topic. For this, I use visual aids, flash presentations, and doodle videos, especially when teaching junior classes. Giving creative assignments helps to preserve the student's interest on the subject. A five-minute revision of the previous class, a brief topic introduction, and ending remarks in the last five minutes are some of the methods; I have .followed successfully. I believe teachers could play an important role in a student's learning curve

Position- Associate Professor in Pharmaceutics

Qualification- Ph.D. in Pharmacy

Area of Specialization- Pharmaceutics

- Biography

Dr. Anil Philip is currently working as Associate Dean (Head), School of Pharmacy, University of Nizwa,

Oman. Among other credentials, he also serves as a member of the HSS sectorial grant committee of The Research Council, Oman. His research objectives and achievements have been in controlling/modifying the release of small/large molecules targeted to GI space using phase transited delivery systems. He has worked extensively in the field of controlled/ modified drug release systems, and possess rich experience in digging the root cause and finding solutions thereof for superior drug delivery systems. Currently, his lab focuses on developing nano drug delivery system, which can be targeted to the various body organs. He has guided more than 19 Masters Students in areas of targeted .drug delivery

#### -Awards

-/Research Council Funding ~ 75,000 OMR

Student got gold medal for the best poster in the Ministry of Health Conference

الأنشطة البحثية

الاهتمامات البحثية ـ

Targeted Drug Delivery

Simulation Pharmacokinetics

**Nanoformulations** 

Statistical Design

#### المنشورات ـ

# مقال:

- Global, regional, and national incidence of six major immune-mediated inflammatory diseases, .1 findings from the Global Burden of Disease Study 2019, eClinicalMedicine-The Lancet , 2023
- Comparing the effectiveness of pterostilbene and sitagliptin on modulating inflammatory levels .2 and inducing autophagy to improve atherosclerosis outcome: A preclinical study in rabbits, F1000Research (Taylor and Francis), 2023
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## قسم كتاب:

- Pulmonary Pharmacokinetics and Biophysics, Philip AK, Samuel BA, Ashraf K and Faiyazyuddin .1 ,M, 2021
  - <u>Chapter 9: Advanced Drug Delivery Systems in Lung Cancer</u>, Philip Ak, SAmuel BA, 2021, .2 https://doi.org/10.1016/C2020-0-02697-6
  - <u>Targeted Delivery of Drugs to the Colon</u>, Anil K. Philip and Sarah K. Zingales: Drug Delivery: .3 Principles and Applications, Second Edition, Wiley, DOI: 10.1002/9781118833322.ch18

# الخبرة الإدارية

2017 – الآن: Associate Dean - University of Nizwa

2014 \_ الآن: FURAP General Supervisor - University of Nizwa

#### خدمة المجتمع

May 2020: Member, Omani Exam for Pharmacy Specialists

### الجوائز والتقدير

US Patent (Granted) 11,013,748 -Budesonide Nano Prodrug 2021

Patent (Granted)- 294829: Osmotic Controlled Release Oral Formulation of Lycopene with 2018 Enhanced Solubility

